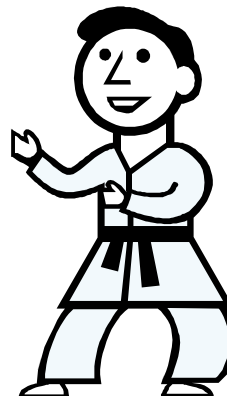


11th Annual WTSDA Region 7 Black Belt Camp Agenda

NOTE: Appropriate dress is as follows:

- (C) Casual - Your school's shirt (or other WTSDA related shirt) and pants or shorts.
- (ST) Studio T-shirt, previous camp T-shirt, white pants and belt.
- (T) Camp T-shirt and white do bohk pants.
- (TB) Camp T-shirt, white do bohk pants, and belt.
- (U) Full WTSDA uniform.



Friday, June 11

- (C) 5:00 pm - 7:00 pm: Check-in
- 7:00 pm - 7:30 pm: Orientation and Introductions, Rules and Regulations, Master Joel Gilreath
- 7:30 pm - 8:30 pm Select Teams
- (ST) 8:30 pm - 9:30 pm: China 2007 Trip – Presentation – Master Mars, Master Smith, Mrs. Mars
- 10:00 pm - 11:00 pm Quiet Time
- 11:00 pm: Lights Out

Saturday, June 12

- (T) 7:00 am: Assemble on Basketball Court, Warm up/Ki Kong – Mrs. Mars
- 7:45 am: Breakfast
- (U) 9:00 - 12:00 pm: Morning Concurrent Sessions, outside weather permitting or Varsity Gym (45 min each session)
 - Mr. Young and Mr. Reed - Kubotan
 - Mr. K and J Patzer – Extended Reach Grip Bong Form
 - Master Scotia, Master Dunn, Mrs. Mars – Sword Forms
 - Mr. Lacy – Tai Chi
- 12:00 -1:00 pm: Lunch
- (U) 1:00 - 1:30 pm: Assemble on Basketball Court (Full Uniform) and picture
- 1:30 - 4:30 pm: Afternoon Concurrent Sessions, Varsity Gym (45 min each session)
 - Master Genna – Hyung Applications
 - Mrs. Montgomery, Mr. S and I Montgomery – Ground Fighting
 - Mrs. and Mr. Causby – Athletic Conditioning Drills for Black Belts (athletic shoes required)
 - Master Kuehner – Escrima Sticks
- 5:00 - 6:30 pm: Evening Meal
- (C) 6:45 – 7:45 pm: Volley Ball
- 7:45 - 8:15 pm: Cleanup and shower
- (C) 8:15 - 9:15 pm: Master Mars – What It Means to be a Black Belt in WTSDA
- (C) 9:15 - 10:45 pm: Open – Pizza Party – Social Time
- 10:45 - 11:00 pm: Clean Up
- 11:00 pm: Lights Out

Sunday, June 13

- (U) 6:30 am - 7:50 am Assemble on Basketball Court – Warm up
- (U)
 - Master Genna – Sam Dan Training - Kong Sang Koon and Roi Hi
 - Master Gilreath – E Dan Training – Jin Do and Nahanchi Sam Dan
 - Master Kuehner – Cho Dan Training – Sip Soo and Nahanchi E Dan
 - Master Smith – Cho Dan Bo Training – Sip Soo and Nahanchi Cho Dan
- 8:00 am Breakfast
- 9:00 am Check Out
- 10:00 am Graduation and Promotion of New Black Belts
- 11:00 am Depart